

Thunder Bay Medical Society 91st Annual



Lakehead Summer School 2017 September 14th, 15th, 16th

Victoria Inn Hotel & Convention Centre, Thunder Bay, ON

PROGRAM

Thursday, September 14th
Ontario Medical Association District #10

OMA OFFICERS

OMA President: Dr. Shawn Whatley

DISTRICT # 10 OFFICERS

District Director: Dr. Bradley Jacobson
District Chair: Dr. Timothy Nicholas
District Secretary: Currently Vacant

THUNDER BAY MEDICAL SOCIETY

President: Dr. Matt Silvaggio
Vice President: Dr. Teegan Trochimchuk
Treasurer: Dr. Bryanne Minty
Secretary: Dr. Tony Valente
Member at large: Dr. Marlene Tassone
Past President: Dr. Madhu Azad

CONTINUING EDUCATION COMMITTEE

Chairperson: Dr. Salmia Oukachbi

Dr. Hassan Hassan Abdelmotleb
Dr. Ella Goodman Dr. Olga Kisselgoff
Dr. Anna Laakso Dr. Walid Shahrour
Dr. Jehan Zaib

SOCIAL COMMITTEE:

Kamila Fajfrowska, Lily Poei

91st ANNUAL DISTRICT MEETING

18:00 Opening reception/Viewing of exhibits
19:00 Dinner
20:00 Business meeting

AGENDA - ANNUAL BUSINESS MEETING

Chairperson: Dr. Timothy Nicholas

1. Welcome and Introduction
2. Minutes of 2016 annual meeting
3. Business arising from the minutes
4. District Chair's Report
5. OMA update
6. New business
7. Adjournment

OVERALL LEARNING OBJECTIVES:

At the end of this conference, participants will be able to: Interpret the roles of other health care providers; Identify commonly referred medical problems and how to manage them while awaiting consultation; Improve patient care and outcomes in practice.

Thursday, September 14th, 2017

8:00 - 8:30 **Registration/ Full Breakfast/ Viewing of Exhibits**

8:40-8:45 **Welcome/Opening Remarks**

8:45-9:50 **Plenary: A Survey of Medical Images**

Kaarlo Hinkkala, MD, FRCPC, (Internal Medicine and Nephrology), Assistant professor, NOSM
Thunder Bay, ON

Learning objectives: Participants will review current medical imaging; explore issues regarding medical cases and evaluate clinical correlation of images. Questions and answers, case studies and polls will be used to incorporate interactivity of participants.

9:50-10:55 **Plenary: Early Intervention in Psychosis: Current evidence and tips for the clinician**

Chiachen Cheng, MD, FRCP(C), MPH
Child & Adolescent, Adult Psychiatrist, Assistant Professor, Northern School of Medicine
Thunder Bay, ON

Learning objectives: Participants will gain knowledge of early psychosis intervention; explore how to assess for psychosis in adolescents, intervention options and approaches; gain familiarity with research and evaluation conducted in early psychosis intervention within Northern Ontario, rural and Indigenous context. Questions and answers, case studies and polls will be used to incorporate interactivity of participants.

10:55-11:15 **Refreshment Break/ Viewing of Exhibits**

11:15-12:05 **Partnered Efforts for Safe Opioid Prescribing**

Darren Larsen, MD, Chief Medical Information Officer
Ontario MD, Toronto, ON

Opioid prescribing is currently a very hot topic in Canada. New guidelines about safe handling of chronic pain with opioids have recently been released that highlight risk in the face of the 9.1 million prescriptions written for Ontarians every year. Yet physicians do not know where to turn to ask for help with difficult situations in chronic pain management. Through partnered efforts using data, practice reports, facilitation and education we are poised to make a real difference in safety and appropriateness in Ontario. This session will highlight what these are, how to access them, and how a clinician's own EMR data may be used to identify practice areas that they might focus on.

12:05- 12:45 **Lunch**

12:45 - 1:50 **Plenary: Hepatitis C Update: It's still in your practice and it's curable**

Iris Greenwald, MD, CCFP, MRO (AARO), D,ABAM, CCSAM
Medical Review Officer, Addiction Treatment Physician, Methadone Program Peer Assessor, Medical Investigator,
Inquiries, Complaints & Reports Committee (ICRC)
Toronto, ON

Learning objectives: Participants will be able to describe the effects and complications of HCV, identify and screen individuals at risk for HCV; adopt appropriate evaluation and referral processes for patients with HCV; be able to recognize that a cure exists for HCV. Questions and answers, case studies and polls will be used to incorporate interactivity of participants.

1:50 - 2:55 **Plenary: A Family Medicine Approach to the Assessment of Capacity in your Practice**

Adam Moir, MD, CCFP(EM)
Dingwell Medical Clinic
Dryden, ON

Learning objectives: Participants will be able to recognize clinical situations that will warrant informal or formal capacity assessments; become familiarized with formal capacity tools and will be able to utilize shared decision making when assessing capacity in their patients. Questions and answers, case studies and polls will be used to incorporate interactivity of participants.

Thursday, September 14th, 2017

2:55 - 3:10 **Refreshment Break/ Viewing of Exhibits**

3:10 - 4:15 **Plenary: MAiD: A Year in Review in Northern Ontario**

Andrew Turner, MD, FRCS(c), Associate Professor
Northern Ontario School of Medicine
Thunder Bay, ON

Margaret Woods, MD, CCFP, FCFP
Chief of Department of General and Family Medicine, Thunder Bay Regional Health Sciences Centre,
Associate Professor, Northern Ontario School of Medicine
Thunder Bay, ON

Learning objectives: Participants will become more familiar with the MAiD legislation and the referral process; be provided with an opportunity for engagement with the local MAiD team; explore experiences of MAiD in Thunder Bay, lessons learned, and challenges moving forward. Questions and answers, case studies and polls will be used to incorporate interactivity of participants.

Friday, September 15th, 2017

8:00-9:00 **Registration/ Full Breakfast/ Viewing of Exhibits**

9:00 - 10:15 **Plenary: Do I Really Need a Hysterectomy for my Uterine Fibroids?**

Anatoly Shuster, MD
General & Vascular Interventional Radiologist, Thunder Bay Regional Health Sciences Centre
Thunder Bay, ON

Learning objectives: Participants will review and explore the clinical presentation and pathophysiology of leiomyomas; gain knowledge of the medical management of symptomatic uterine fibroids using Ulipristal Acetate (Fibristal); discuss and identify minimally invasive interventions (Endovascular Bilateral Uterine Arterial Embolization and MR High Intensity Focused Ultrasound in the management of fibroids). Questions and answers, case studies and polls will be used to incorporate interactivity of participants.

10:15 - 10:30 **Refreshment Break/ Viewing of Exhibits**

10:30 - 12:00 **Plenary: Opioid Use for Chronic Non-cancer Pain: The Big Picture**

Henry Chapeskie, MD, BSc, CCFP, FCFP, CAME
Adjunct Professor, Schulich School of Medicine, Western University, Family Physician
Thorndale, ON

Mark Dubè, MD, CCFP(EM,PC), FCFP, CISAM, HMDC
Associate Professor Clinical Sciences Division, Northern Ontario School of Medicine
Sudbury, ON

Learning objectives: Participants will understand the social and historical context of opioids, and lack of evidence for using opioids to treat chronic non-cancer pain; will review narcotic-induced neurotoxicity and hyperalgesia, as well as the controversial role of marketing techniques in the use of opioids; the participant will gain confidence in an evidence-based rationale for the reduction/cessation of opioids in the treatment of chronic non-cancer pain. Questions and answers, case studies and polls will be used to incorporate interactivity of participants.

12:00 - 12:45 **Lunch/Viewing of Exhibits**

Friday, September 15th, 2017

12:45 - 2:00 **Concurrent Session 1A: Benign Prostatic Hyperplasia: Review & update on treatment modalities**

Hazem Elmansy, MD, MSc, FRCSC
Thunder Bay Regional Health Sciences Centre
Thunder Bay, ON

Learning objectives: Participants will gain knowledge of how to diagnose and treat men with BPH; explore how to evaluate and effectively manage acute urinary retention; examine the use of the holmium laser for BPH. Questions and answers, case studies and polls will be used to incorporate interactivity of participants.

12:45 - 2:00 **Concurrent Session 1B: Using Twitter to keep current and communicate with your millennial learners**

Adam Moir, MD, CCFP(EM)
Dingwell Medical Clinic
Dryden, ON

Learning objectives: Participants will engage in a demonstration of basic Twitter principles and disseminate medical education information using hashtag #meded; identify, search and access medical education content using Twitter. Questions and answers, case studies and polls will be used to incorporate interactivity of participants.

2:00 - 3:10 **Plenary: Sugars in Health and Disease**

Kalyan Raman, MD
Golf Links Community Clinic
Thunder Bay, ON

Learning objectives: Participants will explore the Biochemistry of sugars in healthy humans; identify the role of sugars in maintaining disease in Gastro-intestinal disorders and metabolic disorders; discuss prevention and management of disorders related to Mono, di and Polysaccharides. Questions and answers, case studies and polls will be used to incorporate interactivity of participants.

3:10 - 3:25 **Refreshment Break/ Viewing of Exhibits**

3:25 - 4:30 **Concurrent 2A: Best Evidence Exchange Roadshow: Diabetes Update, Weight loss and Obesity Update**

Eli Orrantia, MD, MSc, CCFP, FCFP, Marathon Family Health Team
Angela Heitzman, R.Ph., Thunder Bay Regional Health Sciences Centre
Courtney Penk, R.Ph., Thunder Bay Regional Health Sciences Centre

Learning objectives: Participants will acquire an understanding of the evidence for the efficacy of the latest diabetes medication classes; become knowledgeable in the evidence base for the variety of approaches to weight loss; acquire an understanding of the evidence for the use of weight loss medications. Throughout the presentation attendees will be engaged through an exchange of questions and answers exploring and clarifying the information being shared.

3:25 - 4:30 **Concurrent 2B: Time to toss the feedback sandwich? How to provide critical feedback that helps learners grow**

James Goertzen, MD, MCISc, CCFP, FCFP
Professor of Family Medicine, NOSM, Assistant Dean of CEPD
Thunder Bay, ON

Learning objectives: Describe limits of physician self-assessment skills and rationale for critical feedback to improve performance; Demonstrate the role of the growth mindset in optimizing the feedback dialogue; Employ multiple strategies for giving and receiving critical feedback. This session will incorporate interactivity through the use of video, reflective exercises, group discussion, and completion of a self-assessment feedback quiz.

Saturday, September 16th, 2017

8:00 - 9:00 **Registration/ Full Breakfast/ Viewing of Exhibits**

9:00 - 10:00 **Plenary: FIT**

William Harris, MD, FRCSC, MPH
Thunder Bay Regional Health Sciences Centre
Thunder Bay, ON

Learning objectives: Participants will discuss the principles of colorectal cancer screening, and the risks/benefits of different approaches; explore the challenges and benefits of implementing FIT screening; gain an understanding of how FIT screening will impact colonoscopy resource utilization. Questions and answers, case studies and polls will be used to incorporate interactivity of participants.

10:00 - 11:05 **Plenary: Peripheral Arterial Insufficiency**

Mary Elizabeth MacDonald, MD, PhD, FRCSC, RPVI
Thunder Bay Regional Health Sciences Centre
Thunder Bay, ON

Learning objectives: Participants will gain recognition of common presentations of peripheral arterial insufficiency; review vascular testing options and indications for intervention. Questions and answers, case studies and polls will be used to incorporate interactivity of participants.

11:05 - 11:20 **Refreshment Break**

11:20 - 12:25 **“John Augustine Lecture”: Lejeune’s Legacy: The contested history of the discovery of Trisomy 21 (Down Syndrome)**

David Wright, D. Philo (Oxford)
Canada Research Chair in the History of Health Policy, McGill University
Toronto, ON

Learning objectives: Participants will; expand their knowledge of the history of modern medicine, including the impact of scientific discovery related to Down Syndrome on medicine, social values, ethics, and disability law; describe and assess relevant research methods in the history of medicine; discuss perspectives on issues related to practice and relevant public debates. Questions and answers, case studies and polls will be used to incorporate interactivity of participants.

12:25 **Closing Remarks**

Evening Event

President’s Gala Ball (Victoria Inn Hotel & Convention Centre)

6:00 p.m. Reception

7:00 p.m. Dinner

REGISTRATION

To register for Lakehead Summer School 2017, please visit www.tbms.ca
 For further information please contact Marion Robinson (807) 684-6000 ext. 4426

THOSE REGISTERING AFTER THE DEADLINE DATE WILL INCUR ADDITIONAL FEES

*****PLEASE NOTE: MEMBERS OF TBMS MUST REGISTER FOR THIS EVENT!*****

(Accurate numbers are necessary to plan and order meals)

Accreditation certificates will be sent out following the event

	Early Bird Fee	Fee After Sept 9
OMA Dinner & Meeting - September 14 (Victoria Inn Hotel & Convention Centre) TBMS Member	FREE	\$25
Non-member	\$60	\$85
Spouse/Guest Dinner - September 15 (TBA) TBMS Member and/or Guest	FREE	\$25/person
Non-Members	\$75	\$100/person
Summer School Conference - September 14, 15, 16 TBMS Member	FREE	\$100
Non-member Physician/Nurse Practitioner	\$250	\$350
Non-member Resident	\$125	\$225
Non-member Medical Student	\$60	\$160
President's Gala Ball (Victoria Inn Hotel & Convention Centre) September 16 TBMS Member + Guest	FREE	\$100/couple
Non-member + Guest	\$200/couple	\$300/couple



This program has been developed by the Thunder Bay Medical Society CME Planning Committee, in collaboration with the Centre for Education and Research on Aging & Health (CERAH), Lakehead University.



Lakehead

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on Aging & Health