

# Thunder Bay Medical Society Presents



**Spring School 2018**  
**Friday, April 13th, 2018**  
**8:00 a.m. - 4:30 p.m.**  
**Airlane Hotel & Conference Centre, Thunder Bay**

At the end of this conference, participants will be able to: Interpret the roles of other health care providers; Identify commonly referred medical problems and how to manage them while awaiting consultation; Improve patient care and outcomes in practice.

**Please Note:** After each presentation, participants are given 5 minutes to complete the session and overall evaluations of Spring School 2018.

8:00 - 8:30	<b><i>Registration/Continental Breakfast/Exhibits</i></b>
8:30 - 8:40	<b><i>Opening Remarks</i></b>
8:40 - 9:45	<p><b>Dermatology 101: From Acne to Zebras and the Pearls in Between</b></p> <p style="text-align: center;"><b>Dr. Kyle Cullingham, BA, Bsc, MSc, MD, FRCPC</b>                  Dermatologist, Clinical Assistant Professor, University of Saskatchewan</p> <p><b>Learning Objectives:</b> Identify and distinguish between common Dermatological complaints; Demonstrate comfort in your approach and practice with the Dermatology patient; Discuss and obtain confidence in managing common Dermatological issues and knowing when to refer.</p> <p><i>Questions and answers, case studies and polls will be used to incorporate interactivity of participants.</i></p>
9:45 - 10:00	<b><i>Refreshment Break/Exhibits</i></b>
10:00 - 11:05	<p><b>Hot Topics in Environmental Health: Lyme Disease and Radon</b></p> <p style="text-align: center;"><b>Dr. Emily Groot, MPH, MD, FRCPC</b>                  Associate Medical Officer of Health, Thunder Bay District Health Unit</p> <p><b>Learning Objectives:</b> Apply and discuss the Infectious Diseases Society of America Lyme disease prophylaxis guidelines in the context of local epidemiology; Counsel patients regarding the health risks associated with radon exposure in the context of local epidemiology; Identify and locate public health resources and data on Lyme disease and radon.</p> <p><i>Questions and answers, case studies and polls will be used to incorporate interactivity of participants.</i></p>
11:05 - 12:10	<p><b>Implications of Early Peanut Introduction in Family Medicine</b></p> <p style="text-align: center;"><b>Dr. Elissa Abrams, MD, FRCPC</b>                  Pediatric Allergy and Clinical Immunology, University of Manitoba</p> <p><b>Learning Objectives:</b> Assess the old and new food introduction guidelines, interpreting the difference between them and the evidence to support them; Identify children at high risk for the development of food allergy, and implement the new guidelines on food allergy prevention; Identify and discuss the controversies that still exist in the field of allergy prevention.</p> <p><i>Questions and answers, case studies and polls will be used to incorporate interactivity of participants.</i></p>

12:10- 12:55	<b>Lunch Break /Exhibits</b>
12:55 - 2:00	<p><b>The Goals and Challenges of a Truly Regional Orthopedic Surgery Program: The Advent of Centralized Intake</b></p> <p><b>Dr. David Puskas, MD, MSc, FRCSC</b> Medical Program Director, Musculoskeletal Health, Thunder Bay Regional Health Sciences Centre</p> <p><b>Caroline Fanti, BSc, BScPT, MHM</b> Program Director, Regional Orthopedic program, Thunder Bay Regional Health Sciences Centre</p> <p><b>Learning Objectives:</b> Discussion to create an understanding of the process that lead to the inception of the program; Explore and explain the paradigm shift in patient access with centralized intake; Educate primary care providers on how to make Orthopedic referrals and what the future holds with the MSK center of excellence designation.</p> <p><i>Questions and answers, case studies and polls will be used to incorporate interactivity of participants.</i></p>
2:00 - 3:05	<p><b>Butt Out: Smoking Cessation in Primary Care</b></p> <p><b>Jennifer Woodbeck, RRT, FCSRT, BA</b> Thunder Bay Regional Health Sciences Centre, Thunder Bay</p> <p><b>Learning Objectives:</b> Identify the basic pathophysiology of nicotine addiction; Discuss the brief and intensive smoking cessation intervention that may be used in primary care. Examine maintenance and discuss aftercare of patients who wish to quit smoking and those who don't wish to quit smoking.</p> <p><i>Questions and answers, case studies and polls will be used to incorporate interactivity of participants.</i></p>
3:05 - 3:20	<b>Refreshment Break/Exhibits</b>
3:20 - 4:25	<p><b>Metabolic Stone Work up for Stone Prevention</b></p> <p><b>Dr. Hazem Elmansy, MD, MSc, FRCSC</b> Thunder Bay Regional Health Sciences Centre, Thunder Bay</p> <p><b>Learning Objectives:</b> Engage and aid practitioners in the evaluation, treatment and follow-up of first time and recurrent stone formers; Identify recommendations for practice to help reduce the likelihood of stone occurrence through diet, lifestyle changes; Discuss and list an overview of pharmacologic management of stone disease.</p> <p><i>Questions and answers, case studies and polls will be used to incorporate interactivity of participants.</i></p>
4:25	<b>Closing Remarks</b>

This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 6 Mainpro+ credits.

This event is an **Accredited Group Learning Activity (Section 1)** as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine. You may claim a maximum of 6 hours (credits are automatically calculated).



## Registration

To register for Lakehead Spring School 2018, please visit [www.tbms.ca](http://www.tbms.ca)  
For further information please contact Marion Robinson (807) 684-6000 ext. 4426  
or email [secretary@tbms.ca](mailto:secretary@tbms.ca)

**THOSE REGISTERING AFTER THE DEADLINE DATE WILL INCUR ADDITIONAL FEES**

Accreditation certificates will be given out at the event with completion of evaluations.  
Please ensure you check in at the registration desk upon arriving at the event.

Cost for Friday's educational sessions	Early Bird Cost (Before April 5th)	Cost (After April 6th)
TMBS Members	FREE	\$50
Medical Students (non TBMS)	\$40	\$90
Residents (non TBMS)	\$85	\$135
Non TBMS physicians/health care workers	\$170	\$220

### CME Planning Committee :

Dr. Hassan Hassan Abdelmoteleb, Dr. Hazem Elmansy, Dr. Olga Kisselgoff, Dr. Anna Laakso, Dr. Mario Nucci  
Dr. Salima Oukachbi and Dr. Walid Shahrour

### Social Committee:

Kamila Fajfrowska

This program has been developed by the Thunder Bay Medical Society CME Planning Committee in collaboration with the  
Centre for Education and Research on Aging & Health (CERAH), Lakehead University



**Lakehead**  
UNIVERSITY

Centre for  
Education and Research  
on Aging & Health

### **Acknowledgements**

Thank you to the following organizations for supporting the Spring School 2018 by providing unrestricted educational grants:

