

Thunder Bay Medical Society
92nd Annual



Lakehead Summer School 2018
September 13th, 14th, 15th

Airline Hotel & Conference Centre, Thunder Bay, ON

PROGRAM

Thursday, September 13th
Ontario Medical Association District #10

OMA OFFICERS

OMA President: Dr. Nadia Alam

DISTRICT # 10 OFFICERS

District Director: Dr. Bradley Jacobson
District Chair: Dr. Stephen Viherjoki
District Secretary: Currently Vacant

THUNDER BAY MEDICAL SOCIETY

President: Dr. Teegan Trochimchuk
Vice President: Dr. Tony Valente
Treasurer: Dr. Bryanne Minty
Secretary: Dr. Marlina Tassone
Member at large: Dr. Anna Laakso
Past President: Dr. Matt Silvaggio

CONTINUING EDUCATION COMMITTEE

Chairperson: Dr. Hassan Hassan Abdelmotleb

Dr. Hazem Elmansy Dr. Anna Laakso
Dr. Olga Kisselgoff Dr. Mario Nucci
Dr. Walid Shahrour

SOCIAL COMMITTEE:

Kamila Fajfrowska, Wendy Scott and Vivian Williams

92nd ANNUAL DISTRICT MEETING

18:00 Opening reception/Viewing of exhibits
19:00 Dinner
20:00 Business meeting

AGENDA - ANNUAL BUSINESS MEETING

Chairperson: Dr. Stephen Viherjoki

1. Welcome and Introduction
2. Minutes of 2017 annual meeting
3. Business arising from the minutes
4. District Chair's Report
5. OMA President Dr. Nadia Alam
6. New business
7. Adjournment

OVERALL LEARNING OBJECTIVES:

At the end of the conference, participants will be able to: Interpret the roles of other health care providers; Identify commonly referred medical problems and how to manage them while awaiting consultation; Improve patient care and outcomes in practice.

Friday, September 14th, 2018

8:00 - 8:30 **Registration/ Full Breakfast/ Viewing of Exhibits**

8:40 - 8:45 **Welcome/Opening Remarks**

8:45 - 9:50 **Plenary: The Opioid Crisis and the New HQO Opioid Prescribing for Acute Pain Quality Standard**

Dr. Bjug Borgundvagg, PhD, MD, CCFP(EM)
Director, Schwartz/Reisman Emergency Medicine Institute, Toronto, Ontario

Learning objectives: To understand the role of physician prescribing practice in the development of the opioid crisis; To review the opioid prescribing practices of emergency physicians and family physicians in Ontario; To review the new HQO Opioid Prescribing for Acute Pain Quality Standard.

Questions and answers, case studies and polls will be used to incorporate interactivity of participants.

9:50 - 10:55 **Plenary: Advocacy...Um, sure. But What Does it Really Mean?**

Dr. Nadia Alam, MD, CCFP-A, MSc (Candidate) HEPM
President of Ontario Medical Association,
Family Medicine-Anesthetist, Halton Health Services - Georgetown

Learning objectives: What is advocacy? What does it look like?; How can I develop my advocacy game?; What to do and what not to do - in the media, in front of my colleagues, public servants, and the public.

Questions and answers, case studies and polls will be used to incorporate interactivity of participants.

10:55 - 11:10 **Refreshment Break/ Viewing of Exhibits**

11:10 - 12:15 **Plenary: Diagnosis and Management of Peripheral Arterial Occlusive Disease**

Dr. Elrasheed Osman, MD, CHM, FRCSI
Department of Surgery, Thunder Bay Regional Health Sciences Centre, Thunder Bay
Assistant Professor, Clinical Sciences Division, Northern Ontario School of Medicine

Learning objectives: Identify and assess risk factors; Appreciate the different categories of peripheral arterial occlusive disease (intermittent claudication versus critical limb ischemia); Understand risk factor modification and pharmacological treatment.

Questions and answers, case studies and polls will be used to incorporate interactivity of participants.

12:15 - 12:45 **Lunch**

12:45 - 1:50 **Concurrent 1A: Sports Medicine - Concussion/Post-Concussion Syndrome**

Dr. Sheryl Wark, CCFP (SEM), Dip. Sport Med, HBK, BSc
NOSM Assistant Professor, Fairway Physiotherapy

Learning objectives: Discuss types of concussion and treatment; Definition and treatment of Post-Concussion in adults' vs. pediatrics; Explore new guidelines for concussion Return to School/Sport (Berlin 2016) and how these differ from previous Zurich 2012 guidelines.

Questions and answers, case studies and polls will be used to incorporate interactivity of participants.

Friday, September 14th, 2018

12:45 - 1:50 **Concurrent 1B: Teaching Patient Safety to Students and Residents**

Dr. Adam Moir, MD, CCFP (EM) (Associate Professor)
Northern Ontario School of Medicine (NOSM), Thunder Bay

Learning objectives: Utilizing a role play to provide preceptors with a tool to teach disclosure of adverse events; Demonstrate an online audience response to teach about informed discharge; Illustrate a ticker tape and utilize a small group discussion to highlight perils of communication errors in patient safety.

Questions and answers, case studies and polls will be used to incorporate interactivity of participants

1:50 - 2:55 **Concurrent 2A: Innovations in Addiction Medicine: From the Clinic to the Streets and Beyond**

Dr. Cheryl Everall, HBA, MA, MD, CCFP (Associate Professor (NOSM)
Medical Director, Joseph Esquega Health Centre, Medical Director, Elevate Northwest

Learning objectives: Discuss opioid guidelines 101: Overview of opioid treatment guidelines; Examine a patient-centred, Northern approach to the patient with opioid dependence and polysubstance use; Identify pitfalls and practice integrated care

Questions and answers, case studies and polls will be used to incorporate interactivity of participants.

Concurrent 2B: Addressing Physician-Patient and Preceptor - Learner Boundary Issues

Dr. James Goertzen, MD, MCISc, CCFP, FCPF (Professor)
Northern Ontario School of Medicine (NOSM), Thunder Bay

Learning objectives: Describe physician-patient and preceptor learner boundary transgressions including risk factors; Apply strategies for teaching about physician-patient boundary issues within the clinical setting.

Questions and answers, case studies and polls will be used to incorporate interactivity of participants.

2:55 - 3:10 **Refreshment Break/ Viewing of Exhibits**

3:10 - 4:15 **Plenary: Clues to Impending Electrical Dooms!**

Dr. Ali Kharazi, MD Cardiologist, Fellowship in Cardiac Electrophysiology
Foothills Medical Centre, Calgary, Alberta

Learning objectives: Identify electrocardiographic clues to arrhythmogenic disorders; Be able to assess immediate and long term risk associated with these ECG findings; Be familiar with general management of individuals diagnosed or suspected to have arrhythmogenic conditions.

Questions and answers, case studies and polls will be used to incorporate interactivity of participants.

Saturday, September 15th, 2018

8:30 - 9:00 **Registration/ Full Breakfast/ Viewing of Exhibits**

9:00 - 10:00 **Plenary: Pancreatic Cysts: Everything You Didn't Want to Know**

Dr. William Harris, MD, FRCSC, MPH
Thunder Bay Regional Health Sciences Centre, Thunder Bay, ON

Learning objectives: Recognize the pancreatic cysts are frequently identified on imaging; Discuss how the malignant potential of pancreatic cysts is evaluated; Discuss how to investigate/follow

Questions and answers, case studies and polls will be used to incorporate interactivity of participants.

10:00 - 11:05 **Plenary: What Can I do for my Patient While Waiting for a Therapist: A Rapid Guide to CBT, Online Resources and Apps**

Dr. Jack Haggerty, MD, FRCPC
Dr. Supuneet Bismil, MD, FRCPC
Dan Boudreau, RSW, Counsellor

Learning objectives: Discuss key components of cognitive behavioural and other brief models of therapy; Identify top picks for online resources for CBT for physician and patient; Analysis of the top apps for mental health related conditions.

Questions and answers, case studies and polls will be used to incorporate interactivity of participants.

11:05 - 11:20 **Refreshment Break**

11:20 - 12:25 **“John Augustine Lecture”: How to be a Scientific Physician in Ontario, Circa 1882**

Dr. Kenton Kroker, PhD
Chair of the Department of Science & Technology Studies, York University

Learning objectives: Discuss aspects of the history of 19th century medicine in Ontario, including the development of cooperative epidemiology in rural practice, miasma theory and public health; describe and assess relevant research methods in the history of medicine; discuss perspectives on issues related to practice and relevant public debates.

Questions and answers, case studies and polls will be used to incorporate interactivity of participants.

12:25 **Closing Remarks**

REGISTRATION

To register for Lakehead Summer School 2018, please visit www.tbms.ca
 For further information please contact Marion Robinson (807) 684-6000 ext. 4426

THOSE REGISTERING AFTER THE DEADLINE DATE WILL INCUR ADDITIONAL FEES

*****PLEASE NOTE: MEMBERS OF TBMS MUST REGISTER FOR THIS EVENT!*****

(Accurate numbers are necessary to plan and order meals)

Accreditation certificates will be sent out following the event

	Early Bird Fee	Fee After Sept. 6th
OMA Dinner & Meeting - September 13 (Airlane Hotel & Conference Centre) TBMS Member	FREE	\$25
Non-member	\$60	\$85
Spouse/Guest Dinner - September 13 (Chanterelle) TBMS Member and/or Guest	FREE	\$25/person
Non-Members	\$75	\$100/person
Summer School Conference - September 13, 14, 15 TBMS Member	FREE	\$100
Non-member Physician/Nurse Practitioner	\$250	\$350
Non-member Resident	\$125	\$225
Non-member Medical Student	\$60	\$160
President's Gala Ball (Chanterelle) September 15 TBMS Member + Guest	FREE	\$100/couple
Non-member + Guest	\$200/couple	\$300/couple

This program has been developed by the Thunder Bay Medical Society CME Planning Committee, in collaboration with the Centre for Education and Research on Aging & Health (CERAH), Lakehead University.



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**Education and Research
on Aging & Health**