

Thunder Bay Medical Society 93rd Annual



Lakehead Summer School 2019 September 12th - 14th

Delta Hotels by Marriott Thunder Bay

PROGRAM

Thursday, September 12th
Ontario Medical Association District #10

OMA OFFICERS

OMA President: Dr. Sohail Gandhi
OMA CEO: Mr. Allan O'Dette

DISTRICT # 10 OFFICERS

District Director: Dr. David Mutrie
District Chair: Dr. Stephen Viherjoki
District Secretary: Currently Vacant

THUNDER BAY MEDICAL SOCIETY

President: Dr. Antonio Valente
Vice President: Dr. Marlena Tassone
Treasurer: Dr. Bryanne Minty
Secretary: Dr. Anna Laakso
Member at large: Dr. Kelly Magee-Adams
Past President: Dr. Teegan Trochimchuk

SCIENTIFIC PLANNING COMMITTEE

Co-Chairperson: Dr. Margaret Woods
Co-Chairperson: Dr. Olga Kisselgoff

Dr. Nicole Zavagnin Dr. Justin Jagger
Dr. Mary MacDonald Dr. Gwynivere Davies
Dr. Reza Golrokhian

SOCIAL COMMITTEE:

Wendy Scott & Vivienne Stallwood

93rd ANNUAL DISTRICT MEETING

18:00 Opening reception/Viewing of exhibits
19:00 Dinner
20:00 Business meeting

AGENDA - ANNUAL BUSINESS MEETING

Chairperson: Dr. Stephen Viherjoki

1. Welcome and Introduction
2. Moment of Respect for Deceased Members
3. Approval of Agenda
4. Minutes of 2018 annual meeting
5. Business arising from the minutes
6. District Chair's Report
7. OMA CEO Mr. Allan O'Dette
8. OMA President Dr. Sohail Gandhi
9. New business
10. Adjournment

SUMMER SCHOOL

OVERALL LEARNING OBJECTIVES:

At the end of the conference, participants will be able to: interpret the roles of other health care providers; identify commonly referred medical problems and how to manage them while awaiting consultation; improve patient care and outcomes in practice.

Friday, September 13th, 2019

8:00 - 8:40	Registration/ Breakfast/ Viewing of Exhibits/Department of Family Medicine Meeting
8:40 - 8:45	Welcome/Opening Remarks
8:45 - 9:50	<p>Opioid Use Disorder: Providing Treatment Across the Health Care Spectrum</p> <p style="text-align: center;">Dr. Greg Carfagnini, MD, CFPC, Family Medicine Thunder Bay Regional Health Sciences Centre, Thunder Bay, ON</p> <p>Learning objectives: Assess pain and addiction in primary care; establish addiction treatment in primary care; describe how adverse childhood experiences relate to addiction risk.</p> <p>Questions and answers, case studies and polls will be used to incorporate interactivity of participants.</p>
9:50 - 10:55	<p>Medical Cannabis: A Current Review of Evidence and the Future of Plant Medicine</p> <p style="text-align: center;">Dr. Shelley Turner, MD, CCFP, Family Medicine Northern Ontario School of Medicine, Thunder Bay, ON</p> <p>Learning objectives: Discuss current provincial guidelines and the Cannabis Act; identify medical indications for cannabis and understand dosing; examine and discuss navigation of medical cannabis system.</p> <p>Questions and answers, case studies and polls will be used to incorporate interactivity of participants.</p>
10:55 - 11:10	Refreshment Break/ Viewing of Exhibits
11:10 - 12:15	<p>Clinical Pearls for the Diagnosis and Management of Epilepsy</p> <p style="text-align: center;">Dr. O. Carter Snead III, MD, RCPSC, Neurology Hospital For Sick Children, Toronto, ON</p> <p>Learning objectives: Identify the clinical features that make the diagnosis of epilepsy, and answer the question: ‘Is it epilepsy?’; describe the diagnostic work up of newly diagnosed epilepsy; identify the 1st anti-seizure medication and what to do if it does not work; explain the protean co-morbidities of epilepsy; identify the evidence-based role of marijuana and cannabidiol (CBD) in the treatment of epilepsy; demonstrate how to care for adults and children with epilepsy using the case-base, Project ECHO model.</p> <p>Questions and answers, case studies and polls will be used to incorporate interactivity of participants.</p>
12:15 - 12:45	Lunch/Viewing of Exhibits
12:45 - 1:50	<p>What is a Kidney?</p> <p style="text-align: center;">Dr. Rory Silverberg, MD, RCPSC, Internal Medicine Thunder Bay, ON</p> <p>Learning objectives: Identify the basics of renal anatomy/histology; describe the workup of an azotemia, whatever that means...; explain CKD management; describe pearls for better practice.</p> <p>Questions and answers, case studies and polls will be used to incorporate interactivity of participants.</p>

1:50 - 2:55	<p>Diabetes Update</p> <p style="text-align: center;">Dr. Saleem Malik, MD, RCPSC, Internal Medicine, Medical Oncology St. Joseph's Care Group, Thunder Bay Regional Health Sciences Centre, Thunder Bay, ON</p> <p>Learning objectives: Identify and differentiate the various types/subtypes of diabetes; explain current goals of treatment for specific populations; explain the newest medications.</p> <p>Questions and answers, case studies and polls will be used to incorporate interactivity of participants.</p>
2:55 - 3:10	<p>Refreshment Break/ Viewing of Exhibits</p>
3:10 - 4:15	<p>Breast Cancer Update</p> <p style="text-align: center;">Dr. Ralph George, MD, RCPSC, General Surgery St. Michael's Hospital, Toronto, ON</p> <p>Learning objectives: Describe recent recommended changes in breast cancer treatment, axillary dissection, radiation, surgery; describe duration of hormonal therapy; identify adjuvant treatment (post-surgery); explain medication use for increased risk individuals for risk management, including medications that can reduce breast cancer occurrence.</p> <p>Questions and answers, case studies and polls will be used to incorporate interactivity of participants.</p>
4:15 - 4:20	<p>Closing Remarks</p>
<p><u>Saturday, September 14th, 2019</u></p>	
8:30 - 8:50	<p>Registration/ Breakfast/ Viewing of Exhibits</p>
8:50 - 8:55	<p>Opening Remarks</p>
8:55 - 10:00	<p>ADHD for Primary Care</p> <p style="text-align: center;">Dr. Justin Jagger, MD, RCPSC, Pediatrics Assistant Professor of Medicine with the Northern Ontario School of Medicine, Thunder Bay, ON</p> <p>Learning objectives: Identify differential diagnosis and potential co-morbidities; identify the diagnosis of attention-deficit hyperactivity disorder; list first line therapy including non-pharmacological interventions; describe supplementation with short acting stimulant formulations for children already on long acting medication.</p> <p>Questions and answers, case studies and polls will be used to incorporate interactivity of participants.</p>
10:00 -11:05	<p>Pearls in Diagnosis of Chronic Pain Syndromes</p> <p style="text-align: center;">Dr. Hadi Shojaei, MD, CPSO, Physical Medicine and Rehabilitation St. Joseph's Health Centre and Thunder Bay Regional Health Sciences Centre, Thunder Bay, ON</p> <p>Learning objectives: Describe an approach to referral for pain management - recognizing chronic pain in practice and finding secret keys in history; complete initial diagnostic options including questionnaire; identifying psychological versus physical components of chronic pain.</p> <p>Questions and answers, case studies and polls will be used to incorporate interactivity of participants.</p>

11:05 - 11:20	Refreshment Break/Viewing of Exhibits
11:20 - 12:25	<p>Pearls in Management of Chronic Pain Syndrome</p> <p>Dr. Hadi Shojaei, MD, CPSO, Physical Medicine and Rehabilitation St. Joseph's Health Centre and Thunder Bay Regional Health Sciences Centre, Thunder Bay, ON</p> <p>Learning objectives: Describe pearls regarding medications - such as opioids in chronic pain patients and people with addiction issues; explain management of patient expectations; identify non-pharmacological and interdisciplinary comprehensive pain management. Questions and answers, case studies and polls will be used to incorporate interactivity of participants.</p>
12:25 - 12:55	Lunch
12:55 - 2:00	<p>Incapacity for Treatment Decisions: Similarities and Differences: Mental Health Act and Health Care Consent Act</p> <p>Dr. Ramprasad Bismil, MD, RCPSC, Psychiatry St. Joseph's Care Group, Thunder Bay Regional Health Sciences Centre, Thunder Bay, ON</p> <p>Learning objectives: Identify similarities and differences between MHA and HCCA in approach to incapable patients; describe the process of using MHA and HCCA in patients who are found to be incapable; recite capacity issues under the MHA and HCCA. Questions and answers, case studies and polls will be used to incorporate interactivity of participants.</p>
2:00 - 3:05	<p>Obesity Management in Northwestern Ontario</p> <p>Dr. Asiru Abu-Bakare, RCPSC, Endocrinology and Metabolism Port Arthur Health Centre, Thunder Bay, ON</p> <p>Dr. Scott Cassie, RCPSC, General Surgery Thunder Bay Regional Health Sciences Centre, Thunder Bay, ON</p> <p>Learning objectives: Describe the pathophysiology of weight gain and its maintenance; describe medical and surgical management at the TBRHSC Ontario Bariatric Network Centre; identify how to meet the needs of the Northwest region. Questions and answers, case studies and polls will be used to incorporate interactivity of participants.</p>

Summer School Social Events



Destination Thunder Bay is hosting a selection of activities to take part in during Summer School

FRIDAY OFFERINGS:

4:00 - 7:00 pm - Superior Brewery Tour: Adult - \$89.00 CAD

4:00 - 6:00 pm - Guilty Pleasures Walking Food Tour: Adult - \$79.00 CAD

SATURDAY OFFERINGS:

1:00 - 3:00 pm - Voyageur Canoe Experience: Family - \$30.00 CAD

1:00 - 3:00 pm - Harbour Kayak Tour: Family - \$75.00 CAD

2:00 - 3:30 pm - Sailing Harbour Tour: Adult - \$59.00 CAD

2:00 - 3:30 pm - Sailing Harbour Tour: Youth - \$39.00 CAD

2:00 - 3:30 pm - Sailing Harbour Tour: Child (3-10) - \$25.00 CAD

For more information, and to register, please visit the website at <https://kiosk.eztix.co/kiosk-optimised/1197984>

Spouse's Social - Thursday Evening, September 12th—The Silver Birch Restaurant

President's Gala Ball - Saturday Evening, September 14th - Delta Hotel by Marriott Thunder Bay

For more information about the Thunder Bay Medical Society Summer School event, please visit www.tbms.ca

REGISTRATION

To register for Lakehead Summer School 2019, please visit www.tbms.ca
 For further information please contact Marion Robinson (807) 684-6000 ext. 4426

THOSE REGISTERING AFTER THE DEADLINE DATE WILL INCUR ADDITIONAL FEES

*****PLEASE NOTE: MEMBERS OF TBMS MUST REGISTER FOR THIS EVENT!*****

(Accurate numbers are necessary to plan and order meals)

Accreditation certificates will be sent out following the event

	Early Bird Fee	Fee After Sept. 6th
OMA Dinner & Meeting - September 12th (Delta Hotels by Marriott Thunder Bay) TBMS Member	FREE	\$25
Non-member	FREE	\$25
Spouse/Guest Dinner - September 12th (The Silver Birch Restaurant) TBMS Member and/or Guest	FREE	\$25/person
Non-Members	\$75	\$100/person
Summer School Conference - September 12th, 13th, 14th TBMS Member	FREE	\$100
Non-member Physician/Nurse Practitioner	\$265	\$365
Non-member Resident	\$135	\$235
Non-member Medical Student	\$65	\$165
President's Gala Ball - September 14th TBMS Member + Guest	FREE	\$100/couple
Non-member + Guest	\$200/couple	\$300/couple

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 11 Mainpro+ credit(s).

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine. You may claim a maximum of 11 hour(s) (credits are automatically calculated).

This program has been developed by the Thunder Bay Medical Society Scientific Planning Committee, in collaboration with the Centre for Education and Research on Aging & Health (CERAH), Lakehead University.



Lakehead
UNIVERSITY

Centre for
Education and Research
on Aging & Health

Sponsorship Acknowledgement:

The Thunder Bay Medical Society would like to thank the following sponsors for their contributions to Lakehead Summer School 2019 in the form of unrestricted educational sponsorships/grants:

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SJCG Echo Program

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