Thunder Bay Medical Society Presents



Summer School 2021: Virtual Zoom Conference Friday, September 10 - Saturday, September 11, 2021

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 10.5 Mainpro+ credit(s). This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine. You may claim a maximum of 10.5 hour(s) (credits are automatically calculated)

At the end of this conference, participants will be able to: Identify and Interpret the roles of other health care providers. Identify commonly referred medical problems and how to manage them while awaiting consultation. Improve patient care and outcomes in practice.

Please Note: After each presentation, participants are given **5** minutes to complete the session and overall evaluations of Summer School 2021.

| | Friday, September 10, 2021 | | | | |
|------------------------|--|--|--|--|--|
| 8:45 AM - 9:00 AM | Welcome/Opening Remarks | | | | |
| 9:00 AM - 10:00 AM | Indigenous Patient Needs Ms. Audrey Gilbeau | | | | |
| | Learning Objectives: How to effectively manage Indigenous patients needs through empathy and understanding to help provide better medical care. | | | | |
| 10:15 AM - 11:15 AM | Physical Health & Burnout Dr. Marcia Kostenuik | | | | |
| | Learning Objectives: Identify the signs and symptoms of Physician burnout and how to prevent and practically treat. | | | | |
| 11:15 AM - 11:30 AM | Sponsor & Refreshment Break | | | | |
| 11:30 AM - 12:30 PM | Ontario Health Teams Dr. Jessica Logozzo Learning Objectives: Understanding how various teams within the Ontario Health system can work | | | | |
| | more collaboratively together. | | | | |

| 12:30 PM - 1:30 PM | Sponsor & Lunch Break | | |
|-----------------------|--|--|--|
| 1:35 PM - | Complex PTSD - Diagnosis & Treatment | | |
| 2:35 PM | Dr. D. Whitney Dr. Sarah Habinski | | |
| | Learning Objectives: Explain current best practices around PTSD diagnosis and treatment. | | |
| 2:50 PM - 3:50 PM | Food Quality Matters: Using Therapeutic Nutrition to Improve Health | | |
| | Dr. Barbra Allen-Bradshaw | | |
| | Learning Objectives: Compare traditional and western diets, and understand how western diets have led to certain increase of health concerns. Understand the application and science of therapeutic low carbohydrate nutrition in treatment of nutritional disease. | | |
| 3:50 PM - 4:00 PM | Sponsor & Refreshment Break | | |
| 4:00 PM - 5:00 PM | Effective Obesity Treatment Dr. Sasha High | | |
| | Learning Objectives: Identify current best practices for effective obesity treatment. | | |
| | Saturday, September 11, 2021 | | |
| 8:45 AM - 9:00 AM | Welcome/Opening Remarks | | |
| 9:00 AM - 10:00 AM | Ophthalmic Emergencies Dr. Vishaal Bhambhwani | | |
| | Learning objectives: Assess Ophthalmic emergencies and manage post-operative care. | | |
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| 10:15 AM - | MAID | | |
|------------------------|---|--|--|
| 11:15 AM | Dr. Paul Preston | | |
| | Learning Objectives: Understand the C-7 changes to eligibility criteria, safeguards and processes. Understand the current state of MAiD access in Ontario. Understand the nature and themes of MAiD. | | |
| 11:15 AM - 11:30 AM | Sponsor and Refreshment Break | | |
| 11:30 AM - 12:30 PM | History of Medicine Dr. Darrel Manitowabi | | |
| | Learning Objectives: Review the history of medicine, as it applies to our current life and the challenges that we are currently facing with the pandemic. | | |
| 12:30 PM - 1:30 PM | Sponsor and Lunch Break | | |
| 1:35 PM - | Physician Health | | |
| 3:30 PM | Dr. Albuquerque | | |
| | | | |
| | Learning Objectives: Manage Physician Health complaints and concerns related to burnout, especially as it is related to the current pandemic. | | |
| 3:50 PM - 4:00 PM | Sponsor & Refreshment Break | | |
| 4:00 PM - | Chronic Post Surgical Pain & Transitional Pain Service (TPS) | | |
| 5:00 PM | Dr. Kotteeswaran & Dr. Hance Clarke | | |
| | | | |
| | Learning Objectives: Explain current best practices around chronic post surgical pain and transitional pain services. Identify new assistive health practices for primary health care physicians and appropriately refer patients. | | |
| 5:00 PM – 5:15 PM | Closing Remarks | | |

REGISTRATION

To register for Lakehead Summer School 2021, please visit www.tbms.ca

For further information please contact Marion Robinson (807) 684-6000 ext. 4426 or email secretary@tbms.ca

THOSE REGISTERING AFTER THE DEADLINE DATE WILL INCUR ADDITIONAL FEES

PLEASE NOTE: MEMBERS OF TBMS MUST REGISTER FOR THIS EVENT!

(Accurate numbers are necessary to plan and order meals)

| Cost for educational sessions | Registration Fee |
|---|---|
| TBMS Members (Practice Physician/Resident/Medical Student - First year of practice) | FREE* *with a previously purchased membership |
| Non-TBMS Members | \$175 |
| Residents/Medical Students, Allied Health Professionals (non TBMS) | \$150 |

CME Planning Committee:

President: Dr. Anna-Maria Laakso

Co-Chairs: Dr. Reza Golrokhian & Dr. Nicole Zavagnin

Dr. Mary MacDonald, Dr. Hadi Shojaei

This program has been developed by the Thunder Bay Medical Society CME Planning Committee in collaboration with the Centre for Education and Research on Aging & Health (CERAH), Lakehead University



